



Candle Lighting
Time in Merrick:

8:09 PM



WEEK TWO



Dear Parents,

We had so much fun this week! We had some really exciting activities on Tuesday. For example, a Jiu Jitsu instructor came to teach us how to defend ourselves. Everyone did a great job of using both hands to pull away from a wrist grab. We also baked super yummy chocolate chip cookies!

On Wednesday, we had our very first trip of the year! Junior and senior gan spent most of the day playing arcade games, playing in the huge jungle gym, and bouncing in the obstacle course bounce house in laser jump. Then, back at camp, we had a few more activities. We got to watch two different "explosions!" One was mixing coke and mentos, and the other was mixing baking soda and vinegar. Mini Gan and Junior Gan got to sing songs in "Play Hooray", and Mitzvah Motorcycles got to make lava lamps! Mini Gan also got to make their own play dough.

On Thursday, we had swim for Junior & Senior Gan, as well as an exciting relay race. Junior and Senior Gan got to hop around in potato sacks! On Friday, we prepared for Shabbat by decorating our own challah covers. We also got to see the awesome Hoop Wizard show and practice our drumming skills with a drumming instructor. There was a special water slide at water fun as well! We finished our day by practicing our Shabbat candle lighting prayer as well as our grape juice prayer at Shabbat party. We also got to sing Shabbat songs and get into the spirit of Shabbat. What a great week!

Have a Shabbat Shalom!



A Peek @ Next Week

Mini
Gan

Junior
Gan

Senior
Gan

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|---------------|--|---|---|--|---|
| | 7/11 Art Music & Movement Water Fun | 7/12 Karate Kosher Chefs Super Soccer Stars Water Fun | 7/13 Mad Scientists PlayHearty Yoga Water Fun | 7/14 Dress Up: TWIN DAY Sports Water Fun | 7/15 Shabbat Party Drumming Oreo Challah Water Fun |
| Week 3 | 7/11 Art Music & Movement Water Fun | 7/12 Karate Kosher Chefs Candy Sushi Yoga Super Soccer Stars Water Fun | 7/13 PlayHearty Trip Day! JUMP TOGETHER USA Water Fun | 7/14 Dress Up: TWIN DAY Sports Swimming | 7/15 Shabbat Party Drumming Oreo Challah Water Fun |
| Week 3 | 7/11 Art Fab, Fit & Fun Swimming 11 Free Glusky Day | 7/12 Candy Sushi Kosher Chefs Super Soccer Stars Karate Swimming | 7/13 Water Fun Yoga Trip Day! Mad Scientists Swimming | 7/14 Dress Up: TWIN DAY Sports Swimming | 7/15 Shabbat Party Needle Point Oreo Challah Drumming Water Fun |

Weekly Torah Time:

In Camp Gan Israel, we have Torah Time every day!

This week during Torah Time, we learned about the birth of the Jewish nation. We started at the beginning, where Hashem (G-d) told Abraham, the first Jew, that His descendants would be as numerous as the stars. Later, the Jewish people were enslaved in Mitzrayim (Egypt), but this was all part of Hashem's plan. The Jews then left Mitzrayim with great miracles and were given the Torah.

We then learned how we can connect this to ourselves. We must remember the day the Jewish people left Mitzrayim and feel like we ourselves did so too. We also have our own personal Mitzrayim (limitations). We have two voices inside of us. The good voice is called the Yetzer Tov, and the bad voice is called the Yetzer Hara, which is trying to enslave us and hold us back from making the right choices. We can escape our own personal 'Mitzrayim' by listening to the Yetzer

Tov - the good voice!

